In the therapy room a dream may be a pause between 'issues', a truce, a triangulation, play, a PARLEY, stop the battle, pause, talk.

-everything is transference.
Therapist-centred/we matter to each other
-dreaming is metabolising.
psychosis=the inability to dream!?
-dreams = puzzles to be deciphered, playfully?
-soulish comms

We tidy the dream to tell it. It changes slightly with each telling. We make it make sense.

Maybe to put us off the scent, illusory.

Tell your dream.

What's it like to share it? What did you miss out? Retell it.

"I fear knowing, or not knowing."(ET)

Dreams in Therapy

What's it like to share a dream? What's it like to hear a dream? What is the dream for?

-by me and some analysts-

Freud believed that dreams represent fulfilment of a wish.
Dreams want to be told & understood.
Think of a dream, share it with someone. Tell it again.
Has anyone else got one?

SOME IDEAS
An image may represent aspects of self/other.
Things that seem important may not be and vice versa. Including the dream.
Abstracts become visual; wordless images.
:) does not = :)